

Pilgrims' Way Primary School

Autumn Term Menu 2024

	Week 1	Week 2	Week 3	Week 4
Monday	Macaroni cheese Pasta in Basil and tomato sauce	Beef in a mixed pepper and tomato sauce Mushroom and mixed pepper Rice	Chilli con Carne Vegan chilli Rice	Mexican Chicken Mexican Salsa Beans Rice
Tuesday	Baked Sausage Vegan Sausage Mashed potato	Beef Bolognese Vegan Bolognese	Penne Pasta in Tomato & Vegetable Sauce Chicken Sausages Vegan Sausages	Shepherds Pie Mix Vegetables Potato Pie
Wednesday	Lamb Bolognese Vegan Bolognese	BBQ chicken Chick pea stew Mixed vegetable rice	Indian Chicken Curry Vegetable Curry Rice	Five Bean Chilli with Rice Wraps
Thursday	Roast Chicken Thighs Mixed Bean Stew	Lamb in a rich gravy Potato & mixed vegetable stew Mashed potato	Roast Chicken Thighs Roast Vegan Sausages Roast Potatoes	Pasta Bake Vegetable Pasta Bake
Friday	Fish fingers Fishless fingers Chips	Salmon pasta bake Vegetable Pasta Bake	Fish fingers Fishless fingers Chips	Chicken Sausages Vegan Sausages Herby Diced Potatoes

Alternative daily option - jacket potato or pasta dish— The following items are served in addition to the main meal—Salad, Seasonal Vegetables, Wholemeal Bread, Water and Milk