## **Pilgrims' Way Primary School**

Spring Term Menu 2024	Flightlis Way Filliary School			
	Week 1	Week 2	Week 3	Week 4
Monday	Chicken in a tomato and mixed pepper sauce Chick pea in a pepper sauce Penne pasta	Beef and potato stew Potato and carrot Stew Steamed rice	Lamb Balti Sweet potato Balti Steamed rice	(Meat Free Day) Baked vegetable pasta Mixed pepper pasta in a tomato Sauce
Tuesday	Lamb and mixed vegetables Potato curry Steamed rice	Spaghetti Bolognese Vegan bolognese	Shepherds pie Vegetable pie	Roast chicken Baked vegetable burger Vegetable rice
Wednesday	Chicken sausages Vegan chipolatas Mash potato	Chicken and leek stew Bean bean leek stew Rice	Chicken sausages Vegan chipolatas Herby diced potatoes	Lamb mince Bolognese Vegan bolognese
Thursday	Chilli con carne Mixed bean chilli Steamed rice	Lamb mince pasta bake Vegetable pasta bake	BBQ chicken Chick pea stew Mixed vegetable rice	Beef and vegetable curry Sweet potato curry Steamed rice
Friday	Macaroni and cheese Pasta in a basil sauce	Fish fingers Fishless fingers Chips	Salmon pasta bake Pasta in a tomato sauce	Fish fingers Fishless fingers Chips

Alternative daily option - jacket potato or pasta dish— The following items are served in addition to the main meal—Salad, Seasonal Vegetables, Wholemeal Bread, Water and Milk